



Seswáyél/Days of the Week
Stó:lō Shxwelí Team Language Learning

1	Sxaxelhàt	Sunday (Sacred Day)
2	Yelá:welhàt	Monday (after day)
3	Sthémelts	Tuesday (from the má “twice”)
4	Slhí:xws	Wednesday
5	Sxe’ó:thels	Thursday
6	Slhq’átses	Friday
7	T’óqw’tem	Saturday
8	Tem tám tlówáyel?	What day is today?
	_____ tlówáyel.	_____ is today.
9	Tem tám cha wáyélés?	What day is tomorrow?
	_____ cha wáyélés.	_____ is tomorrow.
10	Tem tám kwa chelaqelh?	What day was yesterday?
	_____ kwa chelaqelh.	_____ was yesterday.